Ensure you do not share personal sensitive information or confidential documents. This is not a protected, secure site. If you are not happy for information to be shared, please do not express it on this format.

This group will be facilitated by a member of the hospice staff, please respect this. They will try to ensure everyone has an opportunity to speak where possible and is appropriate.

This is being run using the internet, therefore there may be technical issues, and please bear with us if this happens.

Try to arrive in the meeting early, ensure you are well positioned in the screen, and think about your backdrop

In large meetings, exercise classes etc. please mute your microphone when not speaking

Avoid speaking over someone else – and please recognise that for some people this is not always possible where poor broadband quality causes delays.

Speak clearly to ensure those with poor hearing or broadband quality can hear and understand you.

If you have any concerns or questions following attending this group or need further support from the hospice, please do not hesitate to contact us on 01284 766133