

Making memories for yourself and for those close to you.

Express to others what's important to you by recalling fond memories. When we share the things we enjoy, it becomes easier to make new memories together. Anyone can begin these conversations.



At the Hospice, our staff and volunteers are privileged to see people and their families enjoy a variety of different experiences.

Often these moments take place during the toughest time of people's lives and lead to memories, which can be cherished.

These don't have to big things, just something that is important to you or something you may enjoy doing, either on your own or with your friends and family.

One person enjoyed going to see the Lion King in London with her daughter, while another family was able to share in the naming ceremony for a godchild, which took place at the Hospice.



Weddings, anniversary celebrations and birthday parties have also been organised, while other special times have focused on helping people to make the most of every day by doing something they didn't think possible. Whether that's going for a coffee or going to explore a place, they would like to visit, perhaps a garden or stately home.

Others are encouraged to pick up old hobbies and activities they once enjoyed.

One person, who because of the symptoms of their illness had lost confidence and stopped going to an art class, returned after their interest was renewed and confidence built up by attending creative sessions at the Hospice.



Get in touch

If you have any further questions about St Nicholas Hospice Care, please get in touch:

01284 766133 enquiries@stnh.org.uk www.stnicholashospice.org.uk



We offer a 24 hour telephone advice line

01284 766133

for all patients and family members as well as healthcare professionals including general practitioners, district nurses and carers.

Further reading

As well as the detail in this leaflet, you may also find our Memorable Moments and Where to get help information useful. If you would like to find out more please get in touch.







This leaflet is available in different formats upon request.
Please contact the Marketing and Communications
Department for further information on 01284 766133.

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