

# St Nicholas Hospice Care

## Training sessions

### Communication

- Difficult Conversations
- Communication/Documentation
- Have you thought about?/ Gravetalk
- Life's Questions
- What to say when you don't know what to say
- Emotional Resilience

### Advance Care Planning

- My Care Wishes
- DNACPR/Tissue Donation
- Advance Care Planning & Mental Capacity Act

### Practical Issues

- Providing Personal Care; skin and pressure area care, performing mouth care
- Providing Comfort Measures; therapeutic touch & spiritual needs

### Dementia

- Dementia – Principles and Practice in Palliative Care
- Dementia - Supporting the bereaved

### Compassionate Caring

- Dignity in Care
- Overarching Principles of Palliative Care
- Last aiders

### Deteriorating Resident

- Recognising deterioration
- Falls/Frailty
- Infections

### Symptom Management

- Pain Management
- Breathlessness Management
- Last Days of Life
- Syringe Pumps and Just in Case Medications (RNs only)

### Death and Dying

- Grief and Bereavement
- Care After Death
- Verification of Expected Death (RNs only)

*because  
you matter*

**St Nicholas**  
Hospice Care

A Registered Charity No. 287773

**Training can be for the public and /or professionals.  
Sessions range from 1 hour, half and full days.**

Please contact Education Team for further information;  
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