

understanding
carers
friends
listening
openness
security
purpose
teachers
empowering

meaning
expression
allowance
loss
grief
support
signposting
death
funerals
recovery
life
burial
non-judgemental
society
value
time

A chance for teenagers to discuss life's challenges openly

*because
you matter*

life's
QUESTIONS

**St Nicholas
Hospice Care**

A Registered Charity No. 287773

For more information or to arrange a group session, please email education@stnh.org.uk or phone **01284 766133**