

Our vision - your legacy

A generation has passed since **St Nicholas Hospice Care** founder **Canon Richard Norburn** had a vision for the people of **West Suffolk** and **Thetford**, that there must be ‘**something better**’ for those in our community with **long-term life-threatening illnesses**.



*caring for
generations
to come*

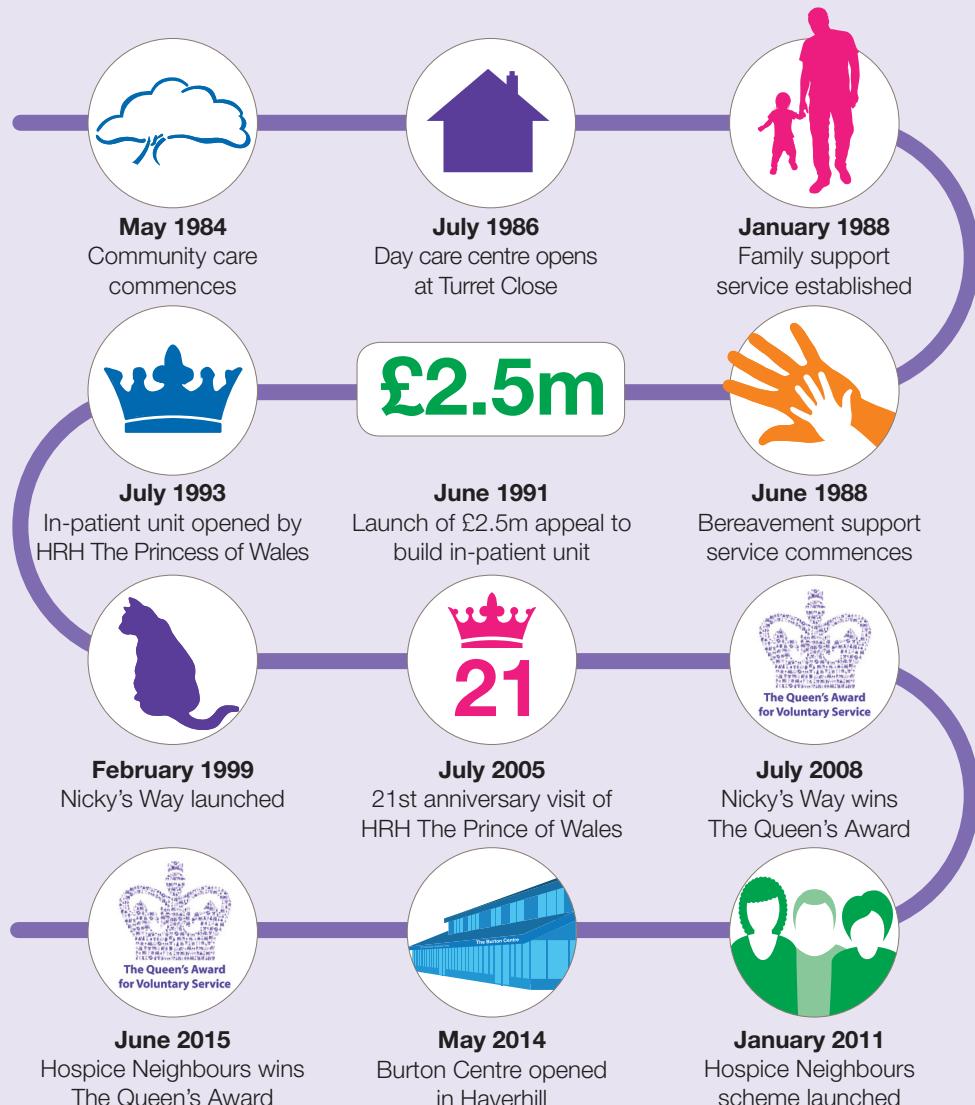
**St Nicholas
Hospice Care**

A Registered Charity No. 287773

Our challenge is to ensure **St Nicholas Hospice Care** remains a reality for future generations of **patients** and their **families** in **West Suffolk** and **Thetford**.

How St Nicholas Hospice Care...

In **May 1984** Canon Norburn's vision became reality with the founding of **St Nicholas Hospice Care**. Initially operating from borrowed premises, with one community nurse seconded from the local health authority, the Hospice has since improved the **quality of life** for a **generation of patients and their families**.



...supported a generation

Since **1984** we have:

Supported patients with

60,000



home visits by our **community nurses** and **health care assistants**

Admitted

6,000



patients into our **in-patient unit, Sylvan Ward**, the majority for **symptom** and **pain control**

Conducted

35,000



family support and **bereavement support** attendances

Achieved

2



Queen's Awards for Voluntary Service
(for Nicky's Way and Hospice Neighbours)



Canon
Richard Norburn

Canon Norburn's vision could not have become reality without the generous support of the people of West Suffolk and Thetford: people who have given freely of their time and resources to ensure the highest quality hospice care has been available to those who have needed it.

- **A Sunday Times** 100 Best Places to Work listing
- **A national award** for our innovative Stephen Project (end-of-life care for the homeless)
- **Big Lottery funding** to develop our community care services
- **National recognition** for innovation in a number of areas, including our use of social media
- An **Investors in People Award**
- And received many other **awards and accolades**

If we can achieve all of this in one generation, imagine what we can achieve – with your help – for future generations

And how a generation...

The first time a gift in a Will is recorded in our annual accounts is 1988. Since then, we have received £10 million from gifts left to us in the Wills of patients, family members and other supporters.

Recently, a patient with a particular interest in education left us a gift in her Will which will enable us to provide degree-level palliative care training to two of our nursing staff.

All of the gifts we've received from supporters' Wills over the years – some of them less than £100 – have made a huge difference to the lives of patients, whether they have allowed us to increase nursing skills or simply enabled a patient to enjoy a favourite meal during their stay on the Ward.

During the past **six years**, almost **one fifth** of our income has come to us as **gifts in people's Wills**. In other words, over that period **every one in five of our patients** has been cared for by **gifts in Wills**.

4.4 Subject to that my Trustees shall hold such money and any unsold property or assets representing the foregoing ("my residuary estate") upon trust for the said **ST. NICHOLAS' HOSPICE (BURY ST. EDMUNDS)** of Hardwick Lane Bury St. Edmunds aforesaid for its general purposes absolutely.

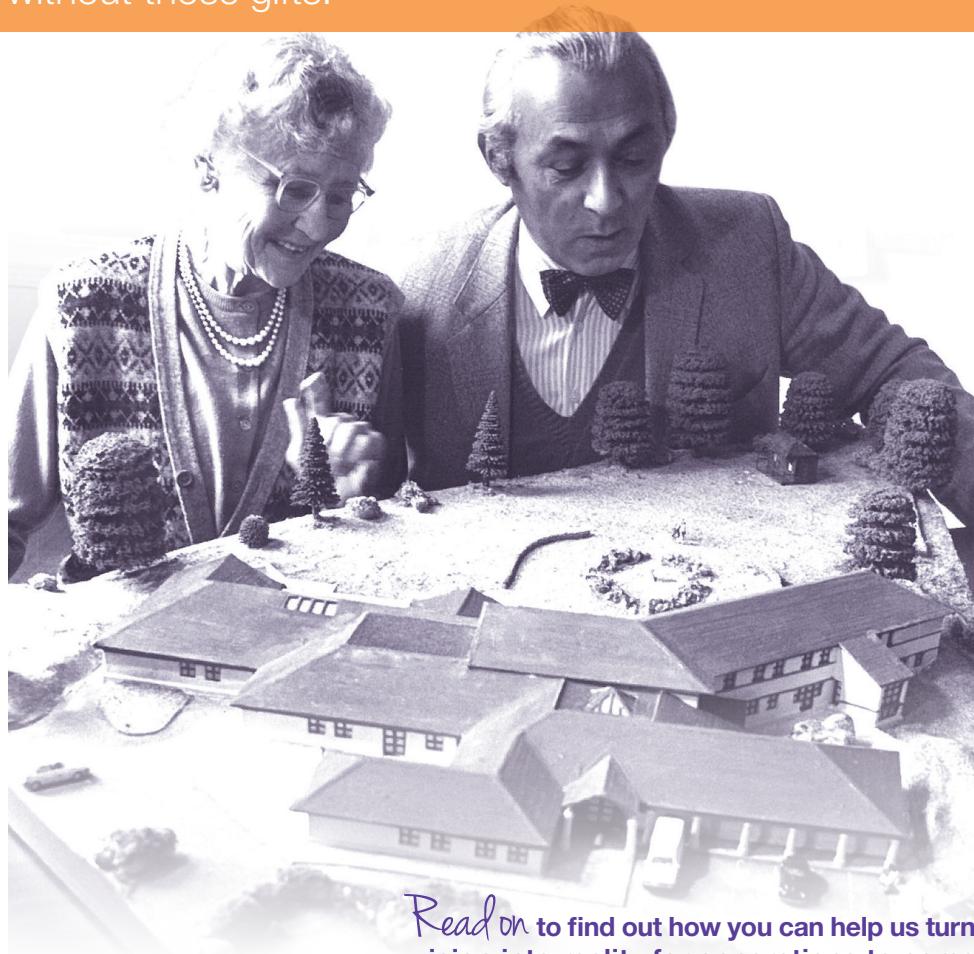
6. My Executors shall hold the remainder of my estate on trust either to retain or sell it on the following trusts:-
(a) To pay debts inheritance tax and executorship expenses
(b) To pay the residue equally between St. Nicholas Hospice Bury St Edmunds Suffolk and...

(1) to **ST NICHOLAS HOSPICE (BURY ST EDMUND)** of Hardwick Lane Bury St Edmunds Suffolk IP33 2QY (RCN: 287773) the sum of Two Thousand Pounds (£2,000.00)

(g) To **ST NICHOLAS HOSPICE CARE** (registered charity number 287773) of Hardwick Lane Bury St Edmunds Suffolk IP33 2QY the sum of Five Hundred Pounds (£500) for its general charitable purposes...

...supported St Nicholas Hospice Care

Between **2005** and **2015**, the amount that we received from gifts in people's Wills was enough to pay for **one half of the running costs of our In-patient Unit**. In other words, **1,200** of the **2,400 patients** admitted to Sylvan Ward over the course of the past decade might not have had access to Hospice **in-patient care** without those gifts.



Read on to find out how you can help us turn vision into reality for generations to come

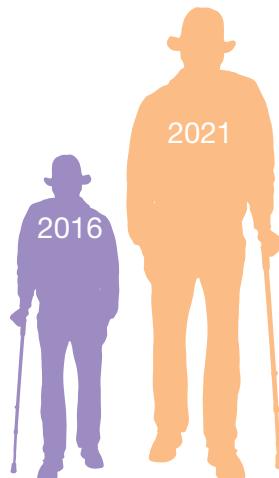
The challenges ahead...

As more of us live longer, so it is anticipated that more of us will succumb to long-term life-threatening conditions – and not all of them cancers.

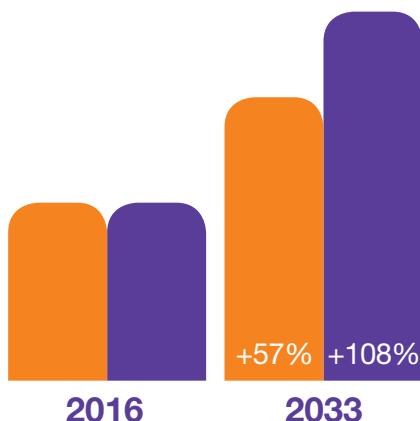
Dementia (damage to the brain caused by disease) is expected to put increasing strain on already stretched health care resources, creating additional demand for hospice services.

The vast majority of hospice patients wish to continue to live at home and, if their clinical needs are not too complex, to spend their final days there. That is why our community nursing team is so important to patients and why we established our award-winning Hospice Neighbours scheme.

St Nicholas Hospice Care is responding to the growing need for specialist care in other ways. With an established reputation as an innovative provider of specialist training, our Education Department is helping to ensure carers in the 47 residential care homes in West Suffolk and Thetford – and beyond – are better equipped to support their residents' care needs.



By **2021** Suffolk could see a **90** per cent increase in over **85s**



By 2033 the incidence of **cancer** will increase by **57** per cent and the number of people with **dementia** will have increased by **108** per cent

In **2001** there were **7,000** people in the UK aged over **100**, but by **2015** that figure had **almost doubled**. Within the next generation, it is estimated **180,000** of us will have attained **centenarian status**.

...and the continuing need

None of us knows if or when **we**, or **someone we care about**, might become ill and require the services and support that **St Nicholas Hospice Care** provides **free of charge** to **everyone** in our community.

2,100

The number of people who **die** each year in **West Suffolk** and **Thetford**

82%

The proportion who are estimated to **require hospice care**

1,722

The number of people **in our community** who **may require** hospice care **each year**.

645

The number of people who **died** in our care during **2014/15**

1,077

Please help us to **support** this many additional patients **every year** for **generations** to come

We understand you wish to put your family first when the time comes to write or update your Will but a gift to St Nicholas Hospice Care in your Will – however large or small – could help to secure the future availability of hospice care for your children, your children's children, and for their friends and neighbours.

Let your values live on and be remembered for helping to support patients and their families within the West Suffolk and Thetford community for generations to come.

“You matter because you are you. You matter to the last moment of your life and we will do all we can to help you, not only to die peacefully but also to live until you die.”

Dame Cecily Saunders,
founder of the UK hospice movement

Please help us to turn vision into reality for generations to come with a gift in your Will

Simplicity itself...

Many of our **supporters** have already **pledged** to help **future generations** by leaving us **gifts in their Wills**.

It's a simple matter to arrange: whether or not you have already made a Will, simply **complete the letter enclosed** with this leaflet and **post it to your solicitor**.

If you do not have a solicitor, let us know and we will send you a list of **local solicitors** who **specialise in Wills**.

Wills Weeks:

Throughout June each year, participating law firms write Wills in exchange for a donation to St Nicholas Hospice Care rather than a fee. Donations tend to reflect a discount from the firm's normal fee. Details of participating firms are advertised in the local press.

Legal Surgeries:

Free legal advice is available to patients and their families, Hospice volunteers and staff on the last Wednesday of the month at the Hospice, and on the last Friday of the month at the Burton Centre in Haverhill. Visiting solicitors allow 20 minutes per appointment.

If you would like more information

about leaving us a **gift in your Will**, **Wills Weeks** or to make a **Legal Surgery** appointment, please speak to our **Legacy Officer** on **01284 715559** or email **legacies@stnh.org.uk**

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The contents of this document are not intended to constitute legal advice. If you are considering leaving a gift in your Will to St Nicholas Hospice Care, we suggest you seek your own professional advice.

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