

St Nicholas Hospice Care

Training Courses

Staff Training

Session Title	Session Aims	Facilitator
Emotional Resilience 60-90 mins	<p>This session is aimed at;</p> <p>Raising awareness of how to support a team through adverse or difficult situations.</p> <p>To improve confidence when managing difficult or complex situations.</p> <p>To recognise the teams strengths, protective factors, vulnerabilities and adversities using a reflective tool.</p>	David Rushton - Advanced Practitioner, Family Support Lisa Patterson - Hospice Educator
Grief and Bereavement 60-90 mins	<p>This session is aimed at;</p> <p>Raise awareness of how to support peers and students with their experience of loss.</p> <p>Look at the meaning of grief, for adults and children, normal experiences on grief, feelings and processes.</p> <p>Look at what is helpful and where to sign post for students and peers.</p>	David Rushton - Advanced Practitioner, Family Support. Lisa Patterson - Hospice Educator
Life's Questions (Gravetalk) 60-90 mins	<p>Gravetalk is an initiative to encourage people to think and talk about; life, society, death, funerals and grief.</p> <p>It hopes to enable and empower you to have conversations on life's challenges with family, friends, students and colleagues.</p>	Hospice Education Team

*because
you matter*

St Nicholas
Hospice Care

A Registered Charity No. 287773

To register an interest please contact Lisa Patterson –
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Or for more information please contact Education team on **01284 766133** / email
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