

## **Hospice Events 2026 – Volunteer Opportunities**

### **Ladies Lavenham Shopping Event: Monday 30th March – from 8am (event timings 10am to 2pm)**

Lisa and Annie are organising this event in aid of St Nicholas Hospice Care, where we receive ticket money and bucket donations. Volunteers are needed from 8am to help set up the hall, on the door to sell tickets, serve refreshments and help pack up. To register as volunteers or for further information, please email [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk)

### **Bury to Clare: Sunday 17th May – from 8am to 3pm**

Colin Lewis from Fields and Forests Trail Events is organising this event in aid of St Nic's again, with £5 of the entry fee directly donated. Participants can either walk or run from Nowton Park to Clare Country Park, which is 18 miles. Volunteers are required at the various checkpoints/refreshment points along the course, course marshals and at the finish line, throughout the course of the day.

To register as volunteers or for further information, please email [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk).

### **Pakenham Beer and Music Festival: Saturday 23rd May – 12pm-late**

After the huge success of last year where we received over £17,000 – we are delighted to be nominated once again as the Charity Of The Year for this fantastic event. We will need volunteer support to help with things such as car parking, hospice promotion & clearing up. Slots available from 12pm to 6pm, and 6pm to late.

To register as volunteers or for further information, please email [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk)

### **Sunset Walk t-shirt handout session: Saturday 30th May – 9:30am to 4pm**

This year not all walkers will receive a free t-shirt, however, they have the opportunity to purchase them. We are running a session at the Greene King Beer Café on this date for walkers to pick up their t-shirts or purchase along with our St Nic's sunglasses.

To register as volunteers or for further information, please email [events@stnh.org.uk](mailto:events@stnh.org.uk)

### **Sudbury Open Gardens: Saturday 13th June – timings TBC**

Organised by Mike Onslow, the Sudbury Open Gardens is back for 2026. Volunteer roles are yet to be finalised, but could potentially include ticket sales in the Market Square and being present in gardens. If you are interested in getting involved, please do get in touch with Charlie [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk)

## **Bury Hidden Gardens – Sunday 14th June: 10.30am – 5pm**

Organised by St Nicholas Hospice Care, our long standing open garden event continues.

Roles on the day include ticket sales/plant sales/helping with refreshments/hospice representatives in the Gardens. Once your shift is over you are welcome to visit the beautiful gardens.

To register as volunteers or for further information, please email [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk)

## **St Nicholas Hospice Care Sunset Walk: Saturday 20th June – from 4pm until 9pm**

It's back and better than ever! Our biggest fundraiser, the Sunset Walk! Walkers take on either a 10k or 15k distance round Bury St Edmunds to various music and entertainment points along the routes. Last year, the Sunset Walk raised over £112,638 for the Hospice. There are various volunteer opportunities available at this large-scale event, from helping with registration, as route marshals, manning water stops – the list goes on! The event starts at 4pm and ends by 10pm. Please head to: <https://stnicholashospice.org.uk/fundraising-events/request-event-volunteers/> to register as volunteers, or get in touch with Charlie & Fran on - [events@stnh.org.uk](mailto:events@stnh.org.uk) for more information.

## **Thetford Open Gardens: Sunday 28th June – 11am – 5pm**

Celebrating 20 years of Thetford Open Gardens! Volunteers required to help in the busiest gardens that do lunches. Tasks include serving, washing up and clearing (all glamorous and necessary jobs!) After your shift you are welcome to visit as many of the gardens as you wish.

To register as volunteers or for further information, please email [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk)

## **Exning Open Gardens: 4th July – timings TBC**

This wonderful Supporter Led event is back for 2026. With the aim of 10 gardens to be open in the village, a small team of volunteers are asked to help with refreshments.

To register as volunteers or for further information, please email [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk)

## **West Suffolk Symphonic Wind Band, Culford Prom Concert: 4th July – from 4pm to 9pm(ish!)**

The West Suffolk Symphonic Wind Band are hosting this wonderful event once again, in aid of St Nicholas Hospice Care. The performers are set to be utterly amazing with a nod to Independence Day! We have space for a gazebo and can run a raffle. Volunteers are also able to bucket collect.

To register as volunteers or for further information, please email [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk)

## **East Anglian Beer & Cider Festival – Wednesday 26th to Monday 31st August**

We have applied to be a chosen charity for this event. We will hear in April if we are successful!

### **10k Run – Sunday 27th September – 9am to 12pm**

Our popular running event returns! Last year this event raised £39,443! The run starts and finishes at Angel Hill, and goes through Abbey Gardens, out to Moreton Hall on a loop before heading back to the start. Volunteer roles include, help with registration, volunteer desk, route marshals, and helping at the finish line with medals and refreshments. The run starts at 10am and usually finished by 12pm. Please head to: <https://stnicholashospice.org.uk/fundraising-events/request-event-volunteers/> to register as volunteers, or get in touch with Charlie & Fran on - [events@stnh.org.uk](mailto:events@stnh.org.uk) for more information.

### **Festive Fun Run – 29th November – 9am to 12pm/1pm**

We are back at West Stow for our Christmas fun run! This is a fantastic event for all ages and abilities to get all dressed up in Christmas attire and raise money for the Hospice. Volunteer help required at registration, as route marshals, and helping at the finish line. The event starts at 10am and usually finished by 12pm. Please head to: <https://stnicholashospice.org.uk/fundraising-events/request-event-volunteers/> to register as volunteers, or get in touch with Charlie & Fran on - [events@stnh.org.uk](mailto:events@stnh.org.uk) for more information.

## **Other Ways to help St Nic's**

### **Workplace Volunteering**

Workplace volunteering is a powerful initiative that benefits not only the employees taking part and their companies, but also us at St Nicholas Hospice Care. For volunteers, it offers a meaningful way to develop new skills, foster team bonding, and enhance well-being through purposeful contributions to the community. Companies that encourage workplace volunteering can boost employee morale, improve retention, and enhance their public image by demonstrating a commitment to social responsibility. Their contributions, whether through fundraising, event assistance, or specific skill-based projects, enable us to provide compassionate care and support to patients and families when they need it most. If you are able to help please contact our Corporate Team on [Partnerships@stnh.org.uk](mailto:Partnerships@stnh.org.uk)

## Collection Tin Volunteers

Last year our collection tins helped raise over £12,000 for St Nics. These need to be regularly collected, with new boxes being handed out. If you are able to help out with collecting tins out in our catchment, please get in touch with [Supporter.Care@stnh.org.uk](mailto:Supporter.Care@stnh.org.uk)

## Facebook Birthday Fundraisers

For those of you on social media, a simple way you can help raise vital funds for the Hospice is by setting up a Facebook Fundraising Page to celebrate your Birthday (Facebook will even prompt you and ask if you'd like to set one up). We would be delighted if people would set these pages up in aid of St Nic's and help raise vital funds.

