

### **Girls Night Out – Saturday 4 March**

Rescheduled from September 2022 due to the Queen's death, a firm favourite in the Hospice events calendar is back. Walkers take on either a 6 or 11.2-mile walk around Bury St Edmunds, whilst wearing PJs and flashing bunny ears. Various volunteer opportunities are available at this large scale event, from helping with registration, handing out bunny ears, route marshals – the list goes on! The event starts at 6.30pm, but we may need some help during the day to set up. If you are able to help, please register via this link <https://stnicholashospice.org.uk/fundraising-events/request-event-volunteers/>

We also need help in the lead up to this event, and after the event such as loading up vans, unpacking vans, clearing equipment away – so if you are able to help with this, please contact: Charlie De-Moore [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk) or ring 01284 653360.

### **London Marathon – Sunday 23 April**

The Hospice will be sending 13 runners to this year's London Marathon including our very own Community Fundraising Manager, George Chilvers. When one of the Hospice's London Marathon places became available at the last minute, George decided to step in and lace up his running shoes in aid of St Nic's. If you would like to sponsor George then please visit his JustGiving link [www.justgiving.com/fundraising/george-chilvers8](http://www.justgiving.com/fundraising/george-chilvers8)

### **Bury to Clare – Sunday 7 May**

The ever popular Bury to Clare event! Organised by Kevin Marshall from Positive Steps Fitness. Event Volunteers are required to help with a range of roles – car parking, helping at registration, at checkpoints assisting with refreshments, acting as route marshals along the route, and helping at the finish line. The event starts from Nowton Park and finishes at Clare Country Park. The event starts from 7am and finishes about 4pm, but we are flexible with timings and slots. Please contact: Charlie De-Moore [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk) or ring 01284 653360.

### **Kings Coronation Celebrations: 6, 7 and 8 May**

If your town, village or street is holding a street party in celebration of the King's Coronation and would like to turn it into a fundraising event in aid of St Nicholas Hospice Care then please get in touch, as we would be delighted to support you. Please contact George Chilvers: [george.chilvers@stnh.org.uk](mailto:george.chilvers@stnh.org.uk)

### **Bury St Edmunds Spring Fayre: Sunday 28 May and Bank Holiday Monday 29 May, 10am-4pm**

Throughout 2023, Our Bury St Edmunds is organising a number of events and has chosen St Nic's as its charity of choice. We have therefore been kindly given the opportunity to have street collectors at a number of their events, helping to raise awareness and vital funds. For more information please contact George Chilvers: [george.chilvers@stnh.org.uk](mailto:george.chilvers@stnh.org.uk)

### **Euston Rural Pastimes – Sunday 11 June**

This year Euston Rural Pastimes returns, but like last year it will have more of a village fete feel. Roles that we expect will be needed are at the entrance tent, car park marshalling, bucket shaking. For more information on Rural Pastimes please contact George Chilvers: [george.chilvers@stnh.org.uk](mailto:george.chilvers@stnh.org.uk)

### **Thetford Open Gardens – Sunday 25 June, 11am – 5pm**

Volunteers required to help in the busiest gardens that do lunches! Tasks include serving, washing up and clearing (all glamorous and necessary jobs!). After your shift you are welcome to visit as many of the gardens as you wish. Please contact George Chilvers: [george.chilvers@stnh.org.uk](mailto:george.chilvers@stnh.org.uk)

### **Bury Hidden Gardens – Sunday 2 July, 10.30am – 5pm**

After another record breaking year in 2022 we hope the Bury Hidden Gardens will be another huge success. Roles on the day include ticket sales/plant sales/helping with refreshments/hospice representatives in the gardens. Once your shift is over you are welcome to visit the beautiful gardens. For more information please contact George Chilvers: [george.chilvers@stnh.org.uk](mailto:george.chilvers@stnh.org.uk)

### **The Edge – Sunday 9 July**

Our summer cycle event. Featuring a selection of routes (15/30/60/100 miles) starting and finishing from Maglia Rosso cycle shop and café, in Hawstead. Volunteers are required to help with registration, route marshals, manning water stops (out on the route) and helping at the finish line, various time slots are available. Please contact Charlie De-Moore: [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk) or ring 01284 653360.

### **Motorsport East - Sunday 16 July, 10am-4pm**

Another event organised by Our Bury St Edmunds giving us the opportunity to have a street collection and raise awareness of the Hospice. Motorsport East is a family event in Bury Town Centre with a number of interesting vehicles on display throughout the town from a wide selection of motorsport disciplines. For more information, please contact George Chilvers: [george.chilvers@stnh.org.uk](mailto:george.chilvers@stnh.org.uk)

### **Wyverstone Beer Festival: 19 August, 12pm-10pm**

After the great success of last year, the festival returns and once again St Nic's is the nominated charity. Roles will include bucket shaking, entrance tent and pulling pints. For more info, please contact George Chilvers: [george.chilvers@stnh.org.uk](mailto:george.chilvers@stnh.org.uk)

### **Bury Beer Festival – 23 – 28 August**

This extremely popular event returns to Bury St Edmunds Cathedral and once again we need your amazing support. There are various roles and shifts on offer, so if you've ever wanted to be the next Peggy Mitchell then let us know (don't worry it's not just pulling pints – other roles include the admission tent/collecting empties/setting up) For more information please contact George Chilvers: [george.chilvers@stnh.org.uk](mailto:george.chilvers@stnh.org.uk)

### **Food & Drink Festival Sunday 27 and Bank Holiday Monday 28 August, 10am-5pm**

Another extremely popular event organised by Our Bury St Edmunds with last year attracting over 50,000 visitors over the weekend. Once again the Hospice is the nominated charity and we are looking for volunteers for street collections. For more information, please contact George Chilvers: [george.chilvers@stnh.org.uk](mailto:george.chilvers@stnh.org.uk)

### **St Edmunds 10k – Sunday 8 October**

A new event planned for 2023, more details to follow, but volunteer help is required at registration, route marshals, checkpoints and helping at the finish line. Please contact Charlie De-Moore: [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk) or ring 01284 653360.

### **Festive 5k – Sunday 10 December: Culford School**

A new event planned for 2023, more details to follow, but volunteer help is required at registration, route marshals, checkpoints and helping at the finish line. Please contact Charlie De-Moore: [charlie.de-moore@stnh.org.uk](mailto:charlie.de-moore@stnh.org.uk) or ring 01284 653360.

### **Hospice Promoter (Volunteer Role/Paid Opportunity)**

To increase lottery membership we are recruiting for Lottery Promoters to work in the local community. Working on a self-employed/voluntary basis, this role will involve representing the Hospice and visiting the public, either at their home or in a public place, to give details on how they can support the Hospice, either specifically by joining the Hospice Lottery or Friends of St Nic's – our Regular Giving initiative. For more information please contact Alison Bacon-Snow: [alison.bacon-snow@stnh.org.uk](mailto:alison.bacon-snow@stnh.org.uk)

### **Collection Tin Volunteers**

Now life is returning to some form of normality, we have a number of shops/pubs that support us with collection tins. These need to be regularly collected, with new boxes being handed out. If you would like more information on becoming a collection tin volunteer please contact George Chilvers: [george.chilvers@stnh.org.uk](mailto:george.chilvers@stnh.org.uk)

### **Facebook Birthday Fundraisers**

For those of you on social media, a simple way you can help raise vital funds for the Hospice is by setting up a Facebook Fundraising Page to celebrate your Birthday (Facebook will even prompt you and ask if you'd like to set one up). We would be delighted if people would set these pages up in aid of St Nic's and help raise vital funds. For more information on how to set up a page, please contact George Chilvers: [george.chilvers@stnh.org.uk](mailto:george.chilvers@stnh.org.uk)